

AGRICULTURE & NATURAL RESOURCES



Programs & Activities Highlights

March

- **Disaster Preparedness Conference** - attended three day symposium on Preparing for Disaster. As Ag Agent, I serve as the ESF-11 Agriculture contact on the the Emergency Action Team for Pendleton County.
- **Beef Quality Care & Assurance** - facilitated training for farmers to ensure quality and animal husbandry with BQCA training. BQCA covers cattle handling and care, genetics, facilities management, and calving challenges.
- **KALP Alumni** - Attended networking with dinner with Class XIV of KALP. Meeting the new class was inspirational and encouraging.
- **FFA Regional Day** - Served as judge for FFA Regional Competition for impromptu speeches.
- **KACAA AM/PIC Planning Committee** - Serve on the planning committee for the Kentucky Association of County Agriculture Agents. We are the hosting group planning professional development seminars, industry tours, and awards banquets.
- **Business of Farming** - Is farming an opportunity or obligation? 28 farmers joined for the discussions and learned strategies for starting the conversation with their families to plan for the next generation and future of farm succession.
- **Garden Extravaganza** - Over 150 families (45% of whom were 1st time extension users) received \$200 worth of gardening supplies to help them on their farming journey. The average cost of a garden is \$250 per gardening season, so they are well on their way to raising their own food. On average, a 600 sq ft. garden will produce \$600 worth of produce! 60 participants stayed for the seed starting seminar to give them an extra boost on being successful. - Special thanks to the RSVP and PCFM volunteers who made seed sorting a party!
- **PENco Hikers** - The PENco Hikers took their first out-of-state adventure to New River Gorge National Park in West Virginia for a two-night excursion. We hiked approximately 7 miles, took in the winding country roads of West Virginia, and learned the history of the area.

Programs & Activities Continued

April

- KYFB Young Farmer Discussion Meet - Represented PC in the Annual Discussion Meet Competition at the KY Farm Bureau Annual Meeting. Top 3 State Finalist.
- Food & Fiber Day Trip - Cross-programming field trip to Louisville with the PC Quilt Club.
- Winter Feeding Considerations - an interactive workshop for livestock farmers. 12 farmers utilized the hay testing program to evaluate their nutritional resources for a healthy herd.

May

- **Young Farmers Conference** - Judged the collegiate Farm Bureau Discussion Meet.
- **Country Ham Cleaning** - 3 Adults & 17 Youth completed 1st country ham cleaning.
- **Business of Farming - Session 1** - Kicked off this 8-10 session series with the Basics of Farming in Kentucky. This is a new program developed right here in PC. Interest from state specialists in it becoming a state-wide Extension Education Curriculum.
- **Vet Sciences** - Shared the remarkable story of Goose and his double enucleation with students at GCHS. Additionally, coached their new leadership team on podcast development.
- **Cloverbuds** - SMART Goals with our future 4H Kiddos!
- **Pesticide Training** - 5 farmers updated their private pesticide certification.

- **WIC Open House** - Spreading the word on the Farmers Market Nutrition Program that provides funding for families to purchase fresh fruits & vegetables direct from the farmers.
- **PCFM** - It's training and planning season for the PC Farmers' Market. It looks like another flourishing season of local food systems, small business support, expanding agricultural markets, and celebrating community at the PCFM!
- **Business of Farming - Session 2** - was about identifying and exploring new markets with the Center for Crop Diversification. 18 folks have attended both sessions so far!
- **Kentucky Volunteer Forum**
 - **Sprouts Kids Club** presentation with PC 4-H & FFA Member Lilyana Miller. We shared about the Sprouts Kids Club and led an example lesson for other Extension Volunteers to implement back in their home counties.
 - **Eastern Kentucky Service Projects** - Pendleton County was asked to submit two trifold presentations highlighting the community flood relief efforts of the Bucket Brigade & Operation Santa's Sleigh (check out the presentations at the PCEO).

Upcoming Programs

- **Fitness for Produce** - Various events the Month of July
- **Barket at Market** - August 3
- **Cattleman's Ball** - August 10 - Tickets \$75 for scholarship program
- **Farmers' Feast** - August 17 - Tickets available soon
- **Ag & Cultural Heritage Tour** - September 1-8, 2024
 - Cost: \$2,200 - Registration Deadline July 1, 2024
- **Master Cattleman** - Fall 2024



STAY IN THE LOOP

**SIGN-UP FOR THE AG NEWSLETTER
VIA EMAIL FOR AG UPDATES ON
EDUCATIONAL PROGRAMMING.**



FAMILY & CONSUMER SCIENCE



Programs & Activities Highlights

- **November:**
 - Middle School Healthy lifestyle program
 - ROAR – dinosaur program at office partnered with Library
 - Winter Wonderland
 - On going – FlowerBuds, Bookclub and CloverBuds
 - Opioid Abatement meeting and Champion work
- **December:**
 - Middle School Career Day
 - December StoryWalk
 - On going - FlowerBuds, Bookclub and CloverBuds
- **January:**
 - Homemaker Officer and Chairman training
 - Study Abroad – Belize
 - On going - FlowerBuds, Bookclub and CloverBuds
- **February:**
 - Women Wear Red Seminar
 - Opioid Abatement planning
 - Night to Shine
 - Winter Middle School Healthy Lifestyle challenge
 - FCS In-service Week and trainings
 - On going - FlowerBuds, Bookclub and CloverBuds

Upcoming Highlights:

- **March**
 - Community Health Fair – See Flyer
 - Hiking Club overnight trip
 - Hope Warriors Event – See Flyer
 - Homemaker International Dinner – See Flyer
 - Being Trained in Matter of Balance with Jennifer Brett – watch for future classes
- **April**
 - FCCLA Field Trip – Healthy Twist on Pizza
 - Big Blue Book Club
 - Teaching Freezer Meal in Boone County
 - StoryWalk – See Flyer
 - Recycling Push and Earth Day Competition – See Flyer
 - Pre School Camp Planning – See Flyer on event
 - On going - FlowerBuds, Bookclub and CloverBuds
- **May:**
 - KEHA State Meeting – Bowling Green
 - Recycling Plant tour
 - On going - FlowerBuds, Bookclub and CloverBuds

UK
College of Agriculture,
Food and Environment
Established December 2014
**PENDLETON COUNTY
EXTENSION
TRIP ORGANIZER**

Agricultural & Cultural Heritage Tour

Explore New England September 1-8, 2024

Package Includes

- ✓ Charter Bus Transportation
- ✓ Tour Guide(s)
- ✓ Accommodation
- ✓ Some Meals

Travel to New England on a whirlwind 10-state adventure to explore agriculture, cultural heritage, and the natural wonders of the United States! Bond with others as you go from tourist to traveler with the staff of the PCEO!
Price is based on double occupancy.
Register today!

PRICE
\$2,200
/Person

Contact Us 859.654.3395 pendleton.ca.uky.edu @PendletonCountyExtensionOffice

4-H YOUTH DEVELOPMENT



Programs & Activities Highlights

- **Country Ham- 17 4-Her's participating. 43 total hams between cloverbuds, 4-H, and adults!**
- **Cloverbuds- 4th Monday each month, February had a special guest to talk about photography!**
- **Teen Club- Officers have been elected, voting on a community service project soon!**
- **Cooking Club with Jenn- 7+ meetings a month, 6 different skill levels, totaling 77 kids!**
- **Livestock Judging- First contest completed @ Morehead State University-**

2nd Overall Junior Team	3rd Overall Senior Team
2nd Overall Junior- Jordyn Gosney	5th Overall Senior- Klaber Wolfe
3rd Overall Junior- RJ Combs	3th Overall Senior- Caroline Mains
7th Overall Junior- Riley Combs	
- **Poultry- Holding monthly meetings on second Thursday, turkeys distributed!**
- **Rabbit- Holding monthly meetings on fourth Thursday**
- **Livestock Club- monthly meetings on third Thursday, approximately 68 interested youth. Made wooden ear tags signs for county fair pens (in conjunction with Heilman Hardware)!**
- **Skillathon- State Contest completed, brought home numerous awards! 3 teams competed!**
- **Art Club- monthly meetings on first Saturdays, planning a glass blowing field trip!**
- **Photography- monthly meetings on third Saturdays**
- **Shooting Sports- looking for a new leader!**
- **Sewing Club- Different Units meeting with Ms. Kaye to start and finish their projects!**
- **4-H Council- finishing By-Laws, new officers elected.**
- **Held Cattle Validation site for KDA on February 22nd**
- **14 volunteers attended Kentucky Volunteer Forum**
- **4-H Camp June 10th-14th, Application window is March 1st- April 1st**
- **Livestock Judging Clinic for Central Ky Youth presented February 27th in Pulaski Co.**

4-H YOUTH DEVELOPMENT

Upcoming Events & Activities Highlights

- Livestock Judging competitions- KY Beef Expo (March 2), Boone Invitational (April 6), UK Field Day (April 18)
- 4-H Camp sign ups- March 1 through April 1
- Written Communications Contest- March 1st
- Fair Board and Livestock Committee- March 11
- 4-H Council- March 18
- Teen Club- March 20
- Teen Summit- March 21st-23rd
- Cloverbuds- March 25
- Glass Blowing Field Trip with Art Club- March 11
- Project Day (see flyer below)- April 10
- Speech and Demonstration Contest- April 20
- Ham Cleaning and Speech Prep Day- April 30
- Core training- May 13-16



→ 4-H AGE 9 THROUGH MIDDLE SCHOOL

DEEP SEA PROJECT DAY

DURING SPRING BREAK!

EXPLORE THE OCEAN BLUE THROUGH STEM PROJECTS, COOKING, AND SEWING!

APRIL 10TH 2024
9:00-3:30

\$15 FEE
(COVERS MATERIALS, LUNCH AND TAKE HOME PROJECTS)

@ **PENDLETON EXTENSION OFFICE**

ONLY 24 SPOTS AVAILABLE FOR REGISTRATION :
859-654-3395

 Cooperative Extension Service



NORTH CENTRAL 4-H CAMP

JUNE 10-14

\$

\$200 Youth-4H Age 9-14

\$150 Junior Counselor 4H Age 15-17

\$0 Adult Counselor Age 18+

APPLICATION WINDOW MARCH 1ST- APRIL 1ST

PROGRAM ASSISTANTS



JENNIFER BRETT

4-H

- 7 cooking club groups- 6 different levels- up to 77 kids this year. Each group meets once a month for their lesson for 10 months.
- October: in charge of the coffee booth at Woolfest, organize cooking club youth to run it
- In November: 2 levels made 450+ cookies for the Falmouth Festival Committee to pass out during the Falmouth Christmas Parade.
- 2 levels prepared and served 3 recipes from Lord Honey's new cookbook for a Pendleton County Library Lord Honey Book Tour event held at the Extension Office.
- I planned the Cloverbud Cooking lesson and led the cooking group while Lydia led the measuring group, and a 4-H youth led a kitchen craft group.
- In December: 1 level prepped the meal to be served to the Pendleton County Senior Center Participants for their monthly nutrition lesson & luncheon (prepped for 50 meals)
- 1 level served hot & cold cider and Wassail at the Woodhead's Funeral Home Open House during the Falmouth Christmas Parade as a fundraiser.

Upcoming: continue monthly lessons with all 7 groups though June. In May 1 level will do a fundraiser - catering a meal for an Extension event, 1 level will make desserts to donate to Turner Ridge Church for their Open Hands ministry. Will assist with Project Day April 10.

FCS

- Have started planning for the upcoming season of sampling Plate it Up! KY Proud recipes at the PCFM once a month May through October. Plan on utilizing the skills of my older cooking club youth this season and tie these 2 programs together to give the 4-H youth more learning opportunities, food handling experience and interaction with the public.

PROGRAM ASSISTANTS

AG/FCS

- Teach the monthly nutrition lesson at the Pendleton County Senior Center- coordinating with different churches and homemaker groups to provide a meal during the lesson time.
- Teach one lesson each session for the Adulting 101 series with the At Risk Youth in coordination with the Court Designated Worker.
- Teach one lesson each session in the healthy lifestyle series with the FCS classes at Sharp Middle School. Will assist with FCCLA field trip - Healthy Twist on Pizza.
- Assisted with the December Story Walk.
- Taught a homesteading cooking lesson to the PCPL Homeschool group.
- Assist monthly with Flowerbuds.
- Will be trained in Matter of Balance with Kenna Knight

KAYE JOHNTING

- KayeC's Sunshine Girls- Homemaker group: 12 adults meet once weekly to make various sewn projects.
- Field trip to Quilted Joy in Louisville- 5 participants plus Kaye and Lindie
- Fall outing to visit quilt stores in Ohio.
- Has sewn with 1 senior and 2 unit 3 youth, is scheduled to sew with 1 unit 3 and possibly 6 unit 1 youth
- Will assist with Project Day April 10