

# PENDLETON COUNTY

 Cooperative  
Extension Service



The PCEO Staff enjoyed a holiday luncheon on B&B Riverboats in December.

## PROGRAM REPORT | JULY-OCT 2024

Catch up on what's been happening at Pendleton County Extension and discover how you can get involved! In this quarterly report, we're sharing program highlights, success stories, and a preview of exciting opportunities coming up. From hands-on workshops to community development initiatives, there's something for everyone to learn, grow, and connect. Don't miss your chance to be part of our thriving network where education, support, and local impact come together. Join us in making a difference, nurturing our local resources, and building a stronger, more resilient community—let's grow together!

# PENDLETON CO. **EXTENSION** MEET OUR AGENTS



**LINDIE HUFFMAN**  
Agriculture & Natural  
Resources  
Extension Agent

Keeping farmers farming and keeping families fed is Lindie's personal mission in life. Extension for her is about the relationships that are built and the opportunity to cultivate capacity in others through acts of service, community development, and education.

- 859-654-3395
- [lindie.huffman@uky.edu](mailto:lindie.huffman@uky.edu)
- [pendleton.ca.uky.edu](http://pendleton.ca.uky.edu)
- 45 David Pribble Drive



**KENNA KNIGHT**  
Family & Consumer  
Sciences  
Extension Agent

Kenna answered her calling to serve her community through Extension. Driven by her faith and desire to serve others, she is committed to doing all she can do to help others improve their quality of life.

- 859-654-3395
- [kknight@uky.edu](mailto:kknight@uky.edu)
- [pendleton.ca.uky.edu](http://pendleton.ca.uky.edu)
- 45 David Pribble Drive



**LYDIA GOSNEY**  
4-H Youth  
Development  
Extension Agent

Growing up as a 4-H'er, Lydia wanted to give youth the same experience she had. Looking back on her time as a 4-H'er, and realizing 4-H made her who she is today, Lydia became a 4-H agent. 4-H gives children the confidence to do anything they want and be themselves.

- 859-654-3395
- [lydia.gosney@uky.edu](mailto:lydia.gosney@uky.edu)
- [pendleton.ca.uky.edu](http://pendleton.ca.uky.edu)
- 45 David Pribble Drive



CLASS LISTINGS  
CHECK OFTEN FOR UPDATES

## EXTENSION STAFF



**Ashley Cassidy**  
Staff Assistant



**Leslie Colvin**  
Staff Assistant



**Aissatou Gallagher**  
Program Assistant



**Jennifer Brett**  
Program Assistant



**Kaye Johnting**  
PT Program Assistant



**Amanda Fitzpatrick**  
PT Staff Assistant



**Lindsey Arkenau**  
PT Staff Assistant

# AGRICULTURE & NATURAL RESOURCES



Top (clockwise): The Agricultural & Cultural Heritage Tour visits the Portland Head Lighthouse in Maine on their 8 day adventure. All smiles at the annual Farmers' Feast at the PCFM Pavilion. There was much boot scootin' at the 1st annual Cattleman's Ball as a fundraiser for their scholarship program. The PCFM goes to the Dogs for the annual Barket@Market pet appreciation event.

## Programs & Activities Highlights

### August

- **Fitness for Produce** - 15 people participated in a friendly Frisbee Golf Scramble at Kincaid Lake State Park to wrap up Fitness for Produce.
- **CAIP Farm Visits** - I traveled over 150 miles in one day with CAIP Administrator Martha, to see completed farm projects. Over \$200,000 was invested through the cost-share program.
- **Barket @ Market** - My favorite pet project of the year!
- **Cattleman's Ball** - The first annual Cattleman's Ball was a HUGE success at Broken Arrow Farm with the PC Beef Cattle Association. We successfully raised over \$4,000 to support their college scholarship program!
- **State Fair Tractor Driving** - Pendleton County was well represented at the State Tractor Driving Competition with 4 kiddos (Levi Wolfe, Klaber Wolfe, Waylon Clifton, and Mitchell Ryan). Levi Wolfe took home Reserve Champion in the Lawn Mower Junior Division.
- **Farmers' Feast** - The PCFM hosted its 8th Farmers' Feast at the Market Pavilion. This annual fundraiser helped us to establish the permanent structure which was 89% grant funded.

### September

- **Ag & Cultural Heritage Tour** - 33 travelers embarked on an 8-day, 12-state adventure to New England. One traveler saw the ocean for the first time, 15 ate oysters for the first time, and we all built long-lasting bonds and personally overcame obstacles. Now planning for ACH5 for 2026.
- **Sprouts Kids Club** - Learned all about apples and the legendary true story of Johnny Appleseed. This multi-partnership program developed by #lindiecountyagent is now in its 10th year and stronger than ever. Our local PC FFA Chapter officers teach the lessons to the kiddos, and disperse the 5 - \$1 tokens for participants to purchase fresh fruits and vegetables. The PCEO is the organizer and facilitator of this program.

## Programs & Activities Continued

- **Food for Thought** - Attended a policy, systems, and environment in-service training. The curriculum focuses around local food systems. It was excellent quality that I plan to use with our FFA Sprouts Kids.
- **Ag Council** - has started the process of Plan of Work updates. They have identified key issues facing our agriculture community and are developing a video series to bring awareness of resources and showcase various farm improvement projects. They approved funding for the 2025 CAIP program.
- **Hiking Club** - 16 hikers visited the “most disappointing” tourist attraction in America. We completed over 3 miles of underground trails through the Caves of Mammoth Cave National Park. After our underground adventures, a few folks got to put another stamp in their National Park Passport book at the Abraham Lincoln Birthplace before dining at a local restaurant in Bardstown, Kentucky.

## October

- **KY Wool Fest** - Wool Fest was a huge success! From running the back gate to supporting the 4H booth, to meeting with clients who were vendors for the weekend.
- **Hunger Helpers** - Our work towards fighting hunger in Pendleton County continues. The Food Resource Guide is complete and will have a second printing in January. It has stirred a lot of conversation. Watch The Falmouth Outlook for our upcoming feature articles about agencies fighting hunger in our community.
- **Pendleton Farms Are Fun** - A new working group/coalition that was leader-driven. Excited to cross-promote local farms, raise agricultural awareness, and work toward policy change with this group. Like us on Facebook!
- **Tri-State Homesteading Conference** - In it's first year the conference saw over 90 attendees who participated in over 18 workshops around homesteading and self-sufficiency. I served as marketing & communications director for the event and presented “From Homestead to Farmstead: Marketing and Selling Beyond the Farm Gate.” Additionally, Paige of local Three Daughters Farm shared her journey in Hogsteading with attendees.

## Upcoming Programs & Events

- **Lasagna Bulb Class** - Novembr 6, 2024 - *SOLD OUT*
- **Master Cattleman** - Fall 2024 -kicks off November 4th for 6 weeks!
- **CAIP Applications** - will open in December
- **Wreath Making Class** - December 17 - 10 AM & 6:30 PM
- **KY Fruit & Vegetable Conference** - January 2024 - Lexington, KY
- **KY Cattleman's Association** - January 16-17, 2024 - Owensboro, KY
- **Farm Estate Planning** - Planning in Progress
- **Garden Extravaganza Week** - March 2024
- **Hiking Club** - Indiana - March 20-22



**STAY IN THE LOOP**

**SIGN-UP FOR THE AG NEWSLETTER  
VIA EMAIL FOR AG UPDATES ON  
EDUCATIONAL PROGRAMMING.**



# FAMILY & CONSUMER SCIENCE



Photos: 1 - Flowerbuds 2 - Mammoth Cave Hike 3 - Homemaker Annual Meeting  
4 - Ben and Jerry's on Agricultural & Cultural and Heritage Tour 5 - StoryWalk

## Program Activities and Highlights since the end of July

- Flowerbuds kick off in August - 30 preschool students registered - meeting monthly
- State Fair Assignment - Take Down
- Area Homemaker lesson on Solar Energy and Recycling - 200 attended
- Food Insecurity planning group meeting and working bi-monthly - first brochure created
- New England trip in the books! Next Cultural and Heritage Tour being planned for 2026
- Hope Warrior meeting monthly
- Champions focus - Drugs over Dinner
  - Opioid Abatement funding application planning
  - Project Dinner planned for November
  - Steer Straight program offered for all schools and parent program in October
  - Red Ribbon Week Plant the Promise partnered with Champions and Extension
- Homemaker Annual Meeting
  - 2024 Volunteer Hours reported - 39,524 hours
- Hiking Club Mammoth Cave Hike
- CloverBuds kick-off - monthly meeting - 55 strong and more wanting to join
- Wool Festival
- Area Homemaker Annual meeting
- Fall StoryWalk - 150 books passed out reaching close to 500 individuals and 150 families

## Upcoming program highlights:

- Hunter's for the Hungry
- Winter Wonderland
- Christmas StoryWalk and Special Needs StoryWalk
- Cooking with Purpose session 2 - every Monday in November
- Get healthy with Kenna - once a month for 2025

# 4-H YOUTH DEVELOPMENT



## Programs & Activities Highlights

- **Kentucky State Fair-** (entries, Cloverville drop off, Country Ham Day, Livestock, Rabbit and poultry shows, Cloverville tear down) See newsletter handout for all PC 4H awards!
- **Elite 8 All Star Livestock Judging Traveling Team-** Klaber Wolfe and TJ Weinel advanced to the Elite 8 Team that travelled the country this fall. I was asked to travel with the team to assist. So far we have travelled to 11 states for competitions!
- **Wool Festival Fundraiser-** Over 150 slots filled by volunteers and active 4Her's. Total \$ TBD
- **Country Ham Banquet-** A little over \$12,000 brought in for our 17 participants!
- **4H Awards Reception-** 4Hers awarded with shirts, hoodies, wireless chargers and plaques for their participation in county, district and state 4H events.
- **ONE year as a 4H Agent!** Evaluations done!
- **Cloverbud Monthly Meetings**
- **Pendleton County Livestock Judging Club start up-** Weekly on Tuesdays. NEW cloverbud group meeting 3:30-5:30PM and 4Her's from 6-8PM.
- **4-H Camp-** We will be camping with Grant, Kenton and Owen Counties this year!
- **Teen Club-** Officers elected and community service projects in the works!
- **Normal monthly meetings for the following-** Fair Board, Livestock Committee, 4-H Council, Poultry, Livestock, Rabbit, Cooking Club, Art Club, Camping Group, State Programming, etc.

# 4-H YOUTH DEVELOPMENT

## Upcoming Events & Activities Highlights

- Programming Update Meetings
- Annual 4H Council Meeting
- NAILE Rodeo Fieldtrip
- Positive Youth Development Conference
- Kelly Donehue Farm Petting Zoo Fundraiser
- 4-H Camp Update- 2025 4H Camp Date is set for June 9th-13th! We will be camping with Grant, Kenton and Owen Counties this year!
- County Fair Update- County Fair dates are not in stone, but be planning on June 15th-22nd!

**SHOUT OUT**  
Kaycee Voet- Young Guns large team and Quad team won the Midwest Drill series High Point Contest! They also won the Kentucky State Drill Team Contest!



**Achievement Application Workshop**  
November, 4th 6PM @PCEO  
With new changes in place regarding 4-H Achievement applications, we invite you to this workshop to ensure success!  
Completed Applications due to PCEO November 11th, 2024 by 4:30PM

Cooperative Extension Service



# PROGRAM ASSISTANTS



## JENNIFER BRETT

4-H

- 6 Levels of 4-H Cooking club this year with 8 different groups (One 101 and one 201 group meet at Sharp Middle School so that the kids in the northern part of the county can participate)
- All 8 levels have had September and October meetings and are learning new skills in the kitchen. There are 74 youth total in the 8 groups.
- Judged Country Ham speeches at State Fair in August.
- Promoted 4-H at the Cardinal and Ready Fests in August.
- Supervised Coffee Booth at Woolfest- Cooking club youth and their parents ran the booth in 4 hour shifts. Procurement of supplies started in August.
- All cooking club levels (except beginners) prepared and served the food and drinks for the 4-H Recognition Reception on Oct 20th.
- Attend 4-H Council meetings

FCS

- Lead snack/nutrition lesson at Flowerbuds each month. Watermelon, Apples and Pumpkins.
- August, September and October Plate it Up! Kentucky Proud sampling at PCFM- incorporating older 4-H youth to help prep, and serve to enhance their food service and serving skills. Sampling SNAP-ED approved recipes using local in season produce.
- August, September and October Senior Center Nutrition Lessons at PCSC- coordinating/cooking meals and teaching interactive lessons to 40-45 seniors
- Planned and led a farm field day in Vermont for the Ag & Cultural Heritage Tour showcasing local Vermont foods, producers and a UVM Saffron specialist.



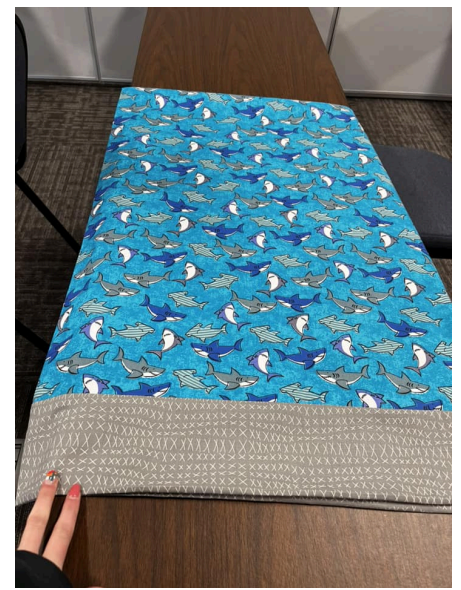
# PROGRAM ASSISTANTS

## Upcoming

- Participate in Career Day at Sharp Middle School in November
- Assist with November Story Walk at the Extension Office: 1 session for the public and 1 session for special needs youth
- 4-H Cooking Clubs to make 400+ cookies again for the Falmouth Christmas Parade
- 4-H Cooking Clubs levels 401 and 420 to prepare meal for Senior Center Nutrition Lesson December Christmas Party
- Cooking Clubs levels 301 & 302 fundraiser providing hot drinks for the Woodhead Open House during the Falmouth Christmas Parade
- 4-H Project Day January 3rd
- Hoping to start LEAP lessons with Kindergarten Classes at Head Start and Northern Elementary
- Ongoing monthly Senior Center Nutrition Lessons
- Ongoing monthly Flowerbuds- Assist FCS agent with planning and teaching nutrition portion
- Ongoing cooking club monthly meetings for 8 groups this year

## KAYE JOHNTING

- KayeC's Sunshine Girls- Homemaker group: 12 adults meet once weekly to make various sewn projects.
- The American Quilt Society annual show in Paducah.
- Has sewn with 1 senior, 2 unit 3 and 1 unit 1 youth.
- Assisted with Deep Sea Exploration Project Day April 10, made burrito ocean themed pillow cases with 14 kids
- Upcoming- Mountain Fest Quilt Show in Pigeon Forge next week, judging 4-H clothing and quilting at other county fairs and 4-H Clothing judging at State Fair.



# PROGRAM ASSISTANTS



## AISSATOU GALLAGHER

### Recap:

- Assisted in Northern Readyfest & Cardinal Readyfest
- Assisted in monthly Sprouts lessons
- Presented at Homemaker Annual Meeting
- Attended 4-H Food for Thought training
- Assisted in setting up for Woolfest, & in drink booths
- Completed Garden Clubs kickoff with Terrarium Class
- Assisted with Storywalk
- Started Southern School Club of teaching in 4th grade classrooms
- Assisted with Cloverbuds

### Upcoming Stuff & Things:

- Middle school lesson days with Kenna
- Lasagna Bulb Class with Lindie
- Garden Club meeting
- Wreath making class with Lindie
- Present at Homemaker Meeting in November