

Pendleton County 45 David Pribble Drive Falmouth KY 41040

**RETURN SERVICE REQUESTED** 

**Pendleton County** Homemaker Newsletter

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**NEVS** 



## **Wool Festival**

Friday—Mix Match

Saturday—Mt Auburn

**Sunday**—Town and Country

Kenna will mix all shifts, all days!

transport by September 13th!

### **County Extension Council and Dinner**

At our next CEC meeting we will be continuing our conversation on Plan of Work. You are invited to join us on

Tuesday, October 29 at 6:30 PM for our meeting,

Dinner and discussion on our next five year plan for Extension and Programming efforts..

Please RSVP by calling 859-654-3395



## Hosted by Patric Richardson who says, "You do laundry for the people you love, including you."

- Register at https://ukfcs.net/BBBClaundry.
- The first 200 registered participants will receive a free copy of the book!

 Registration opens on September 26th and is required to receive the Zoom link. (The registration link will not work until that date, so don't be alarmed if you get an error message!)

Kenna

Extension Agent for Family & Consumer Sciences-

**Education, Pendleton County** 

Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

LEXINGTON, KY 40546



University of Kentucky College of Agriculture, Food and Environment

#### **Cooperative Extension Service**

Pendleton County 45 David Pribble Drive Falmouth KY 41040 (859) 654-3395 Fax: (859) 654-3397 pendleton.ca.uky.edu



# Town and Country needs to have trailer ready to

#### Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





accommodate with prior notification

# Table Project 'Table Talk' Event

Join us for a night of good conversations and family fun. A free activity will be provided as well as items that will make it easier to have conversations as you eat dinner together at home.

RSVP REQUIRED		LOCATION:
Contact the Pendleton Co. Extension Office (859)654-3395 Parents & Children All Ages Welcome!	DATE: November 7th 6:00-8:00pm	Pendleton County Extension Office

Why is it important to make the most of mealtime? Children of families that share meals together have better academic performance, higher self-esteem, a greater sense of resilience, lower risk of teen pregnancy, lower risk of depression, lower rates of obesity, and a lower likelihood of developing an eating disorder. If children have better relationships with their parents and siblings, they are less likely to try drugs and alcohol.





Join us for a Storywalk at the Pendleton County Farmer's Market





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Agriculture and Natural Resource Family and Consumer Sciences 4-H Youth Developmen nunity and Economic D

grams of Kentucky Cooperative Extension serve all people regardless of ec and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran st physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable a ay be available with prior notice. Program information may be made available in la ersity of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Ke

# DOESN'T

Costumes are encouraged, so come dressed up and ready for a frightfully fun event!

## Location: PCFarmers' Market Pavilon

JOHN LOREN



MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT



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The Pendleton County Extension Office is pleased to again partner with Kentucky Hunters for the Hungry Kentucky, Fish and Wildlife Conservation Game Warden Scott Horn, and Lenoxburg General Store

ARE YOU A HUNTER WILLING TO DONATE A DEER TO HELP YOUR COMMUNITY OR SIMPLY RUNNING OUT **OF ROOM IN THE DEEP FREEZE?** 

SUPPORT YOUR LOCAL COMMUNITY BY DONATING YOUR DEER TO PENDLETON COUNTY FAMILIES

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# HUNTERS

# **NOVEMBER 9-24**

for Pendleton County - Kentucky Hunters for the

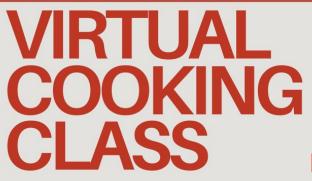
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

#### **KNOW THE RULES BEFORE YOU GO**











NOVEMBER 19 - 6:30PM

LIST OF SUPPLIES WILL BE SENT OUT PRIOR TO CLASS



MUST RSVP! CALL THE EXTENSION OFFICE AT: 859.654.3395

Try something new with your leftover turkey from **Thanksgiving!** 

LEARN FROM A MASTER! KY MILLSTONE CHEF LORI HIMMELSBACH TEACHES YOU TO CRAFT THIS DELIGHTFUL DISH!

#### WHAT YOU'LL LEARN:

· How to make a savory galette! Galettes are a pastry base topped with sweet or savory fillings, with the edges folded in to create a rustic-looking bake.

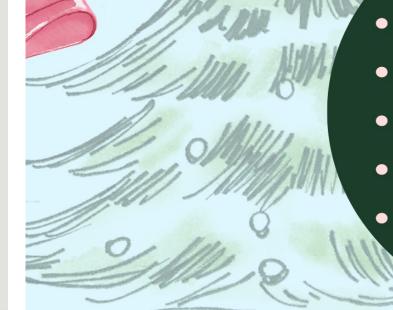


Lexington, KY 4050



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Lexington, KY 40506



**Located at Southern Elementary School** Sponsored by the Pendleton **County Homemakers** 

# photos with Santa homemade crafts • unique gifts baked goods and so much more!

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