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Pendleton County Extension Homemaker May 2023

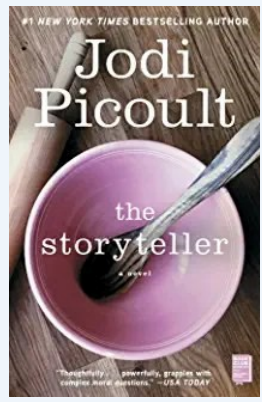
**Do you love to read?
In 2023 do you want to read more?**

The Pendleton County Extension Office offers a monthly book club opportunity for all those who love to read. We meet virtually on the third Wednesday of each month. During the club meeting we pick the book as a group for the next read.

If you are interested in joining our book club reach, let us know. We have a closed Facebook group where we discuss books and future books we may wish to read.

For more information call the Pendleton County Extension Office at 859-654-3395. Let us help you read at least twelve new books this year.

*"You're never alone when you're reading a book."
— Susan Wiggs*



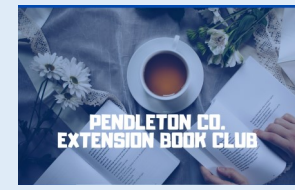
Kenna Knight
Extension Agent for Family & Consumer Sciences-
Education, Pendleton County

We Have Three Closed FaceBook Groups—Ask to join if they interest you.

Extension Book Club—Meets once a month to discuss the book chosen by group—we read one book a month!

Freezer Meal Group—The three freezer meal have been complete. If you missed you can still be part of our freezer meal family. Several are sharing recipes weekly. Great way to make cooking easier.

Pendleton County Hiking Group— This group will go on several group hikes through out the year. Those in the group also share hikes they have completed that you might want to try.



Sponsored by the Northern Kentucky



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



BARN (Bringing Awareness Right Now) Workshop

June 7th, 2023 from 9 a.m.-4 p.m.

Boone County Enrichment Center

LUNCH IS PROVIDED

Required workshop for those who plan to participate in the BARN presentation.

Register by Friday, May 12th, 2023

by calling (859) 586-6101

or visit tinyurl.com/BARNworkshop2023.

Other important dates

Practice Dates

August 29th & 30th times TBA

Dinner Theater

August 31st from 6-8 p.m.

More information on the back of this flyer or call (502)484-5703.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



This is a 2 part event.

The BARN (Bringing Awareness Right Now) Workshop is on June 7 from 9 a.m.-4 p.m. at the Boone County Enrichment Center.

The Dinner Theater is on August 31st from 6-8 p.m. at the Boone County Enrichment Center and have a practice on August 29 and/or 30 with those who are presenting. If you are interested, we are looking for people from our area to participate in both the workshop and dinner theater.

Please register by May 12th if you are interested (Information for registration is on the flyer).

Below is a quick overview:

What is BARN ?

BARN (Bringing Awareness Right Now)

GOAL

Improve mental health and well-being by increasing awareness and offering tools to reduce mental health challenges, farm stress, and suicide through the BARN and Farm Dinner Theater programs.

BARN Objectives

- Recognize and understand how to manage stress
- Name mental health stigmas and personal skills
- Learn QPR Suicide Prevention
- Create dinner theater scripts for your community
- Produce and facilitate the Farm Dinner Theater

Recruiting thoughts

Homemaker will be trained and then those trained will help facilitate the evening. Ideally, the BARN program will need 15 to 20 participants. Each participant will need to commit to helping with the Farm Dinner Theater and be available for the event and training on June 7th. They will be then, based on their strengths, be divided into groups.

Each group has a balance of talent and skills. Each group will decide internally who will assume roles.

- Actor - Perform in at least one of the skits (2-3 skits will be shared at the program)
- Script development - Collaborate to create the theatrical scripts (guidelines will be given)
- Set design - Create and design the background and props
- Costumes - Work to create costume themes for each character
- Stage management - Assist actors, prepare for entrances and exits, and manage scene changes
- Scribe- Type the final draft of the script

There are other roles assigned based on interest:

- Public relations - Write bios, photograph headshots, help in creating the evening's program
- Usher or greeter - Greet guests, hand out programs, and help guests during the evening
- Participant Spotlight - Share a short reflection on your experience with the audience
- Master of Ceremonies - Welcome the audience, introduce each act, and lead the evening

ROAR INTO KINDERGARTEN CAMP

Date: June 13th, 14th, & 15th

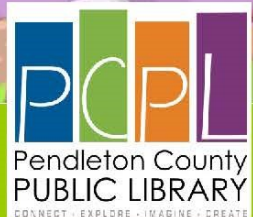
Time: 9 AM – noon

Call 859-654-3395 to Register
Pendleton County Extension Office
45 David Pribble Dr., Falmouth KY

Camp will focus on
developing
kindergarten
readiness skills

Class size limited
to 40 children
(no adults).

Ages 4-5



PENDLETON COUNTY BABY BOX FUNDRAISER



HELP THE PENDLETON
COUNTY, KY
COMMUNITY PROVIDE
AN ANONYMOUS SAFE
SURRENDER OPTION TO
WOMEN IN CRISIS

For more info contact:
Lisa Klee 859-466-1192
lisa@presleyhouse.com



DONATION CHECKS MAY ALSO BE MAILED TO
PO BOX 185, WOODBURN, IN 46797

2023 Wool Festival Schedule

Day	Club	Time
Monday	Mt Auburn	6-10
Tuesday	Mix Match	6-10
Wednesday	Four Oaks	6-10
Thursday	Town and Country	6-10
Friday	Mt Auburn(4 individuals)/Four Oaks(2 individuals)	6-10
Saturday	Mix Match/Town and Country	6-10

Please get with the group you are sharing the weekend night with so both clubs know the plan.

You need a minimum of three each shift. You might want four for cleaning at end of night.

Be ready to fry by 6 PM – I will have turned on fryer each night, with the exception of Saturday. I will be leaving Saturday for my international trip.

We will still be having our Cake Auction on Monday!

Each Club is to make a minimum of three cakes!



PENDLETON COUNTY HOMEMAKERS CAKE AUCTION

Where: Pendleton County Fairgrounds

Auction will be held in the Griffin Center before the pageant!

When: Monday, June 19th

Time: 6:00 PM

All money raised from the auction will support our local scholarship efforts

Blackberry Jam Cake,
Red Velvet Cake,
Carrot Cake, and more....
Your time to purchase your favorite!

Be sure to be at fair grounds early to select the baker and cake you want to bid on.....

