

UK Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.
Cooperative Extension Service
Pendleton County
45 David Pribble Drive,
Falmouth, KY 41040

4-H Newsletter



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Lydia Gosney
4-H Youth Development Agent

Hello 4-Hers & Volunteers,

Spring is here and I am so excited to see the cold go! Spring project days are FULL so I know you all are excited too! Call to be added to our waitlist if someone cancels!

It has been a busy time around the office between planning meetings, camp registrations, and livestock judging trips!

As always, I am available by phone @ (859)910-8050! Feel free to call, text, or email me!

Lydia Gosney

4-H APRIL '25
NEWS

The BIG Stuff..



Achievement Program congratulations!!

I am so proud and excited to announce how our members ranked for the Achievement Program this year! See below!

- Patrick Patton- GOLD
- Cadence Ryan- SILVER
- Ben Patton- BRONZE
- Waylon Clifton- CLOVER 1
- Abigail Patton- CLOVER 2

April Edition Club Corner

The Pendleton 4H Livestock Judging team is doing some amazing things! They have consistently been in the top 5 of very competitive contests. Wish them luck as we move into crunch time before our state contest on May 31st!



4H Camp Update

I am excited to announce we now have MORE sponsorships to make camp more affordable for ALL! See the flyer inside and scan the QR code for your application!



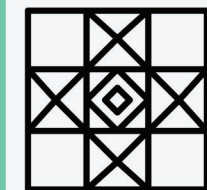
4-H Communication Day- April 16th

County Wide Contest- Qualifying round for Area Contest. Students will give speech/demonstration in front of judges to determine who advances to district and state!



2025 Country Ham Project

Be on the lookout for an email regarding your ham first cleaning!



Quilt Club Start Up

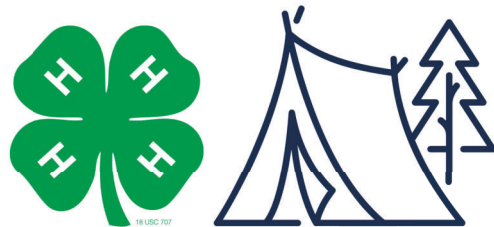
Meetings will be held monthly on the fourth Tuesday from 4:30-5:30. Interested youth please call ahead to register for the meeting so we have enough supplies!

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



4H CAMP
2025



JUNE 9-13

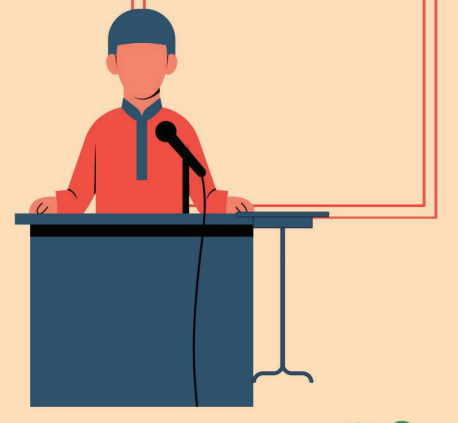
**APPLICATIONS AT
PC EXTENSION OFFICE &
WWW.PENDLETON.CA.UKY.EDU**



April 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 APRIL FOOL'S DAY	2	3 Poultry Club @6	4	5
6	7 4H Spring Project Day	8 Cloverbud Project Day Art Club Field Trip Livestock Judging	9	10 Rabbit Club @6	11	12
13	14 Cooking Club 101 South @ PCEO	15 Livestock Judging Cooking Club 420	16 Flowerbuds Cooking Club 201 North Stars 4H Communication Contest @6	17 Cooking Club 101 North @ Sharp Livestock @6	18 Garden Club @3:30	19
20 	21	22 Livestock Judging Quilt Club @4:30	23	24	25 Livestock Judging Trip	26 Photography @10 Area Communication Day Contest
27	28 Cloverbuds	29 Livestock Judging	30 	 Cooperative Extension Service <small>MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or receipt of public benefits. Reasonable accommodations of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Council on Postsecondary Education and Economic Development Lexington, KY 40506</small>		



PENDLETON COUNTY 4-H COMMUNICATIONS CONTEST

April 15th Deadline to register providing your category and topic

April 16th @PCEO 6-8PM County Wide Contest- Qualifying round for Area Contest. Students will give speech/demonstration in front of judges to determine whether they can advance.

April 26th Qualifiers move onto Area Contest (details will be sent)

Cooperative Extension Service

Questions? 859.654.3395



Honey Raisin Muffins

- | | | |
|-----------------------------------------|---------------------------------------|--------------------------------------|
| ½ cup + 2 tablespoons all purpose flour | ¼ teaspoon baking soda | 1 cup skim milk |
| ½ cup + 2 tablespoons whole wheat flour | 1 teaspoon ground cinnamon | ½ cup honey |
| ¾ teaspoon baking powder | ¼ teaspoon salt | 2 egg whites |
| | 2 cups bran flake cereal with raisins | 3 tablespoons unsweetened applesauce |
| | | 2 tablespoons canola oil |

- Combine flours, baking powder, baking soda, cinnamon and salt in a bowl and set aside.
- In a large mixing bowl, combine cereal, milk and honey; let stand for 2 minutes to soften. Stir in egg whites, applesauce and oil; mix well.
- Add dry ingredients and stir until moistened.
- Fill a greased or paper-lined muffin pan ¾ full.
- Bake at 400°F for 15-18 minutes.
- Cool 10 minutes before removing from pan.

Yield: 12 muffins.
Nutrition Analysis:
 150 calories, 3 g fat, 0 mg cholesterol, 170 mg sodium, 30 g carbohydrate, 2 g fiber, 15 g sugar, 4 g protein.



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

Club Leader Directory

Club	Leader	Contact	Club Notes
Art Club	Meredith Patton	(859) 630-7088	
Clover Buds	PC Extension	(859) 654-3395	Registration Ended
Cooking Club	Jennifer Brett	(859) 654-3395	Registration Ended
Country Hams	PC Extension	(859) 654-3395	Registration Ended
Dog Club	Aissatou Gallgher	(859) 654-3395	
Goat Club	Sadie Turner Martha Gosney	(859) 802-9766 (859) 743-8733	
Garden Club	Aissatou Gallagher	(859) 654-3395	
Lamb Club	Martha Gosney Toots Adams Sadie Turner	(859) 743-8733 (859) 391-6281 (859) 802-9766	
Livestock Judging	Lydia Gosney Zach Wyatt	(859) 910-8050 (859) 446-8940	Registration Ended
Photography Club	Toots Adams	(859) 391-6281	
Poultry Club	Melinda Combs	(859) 653-1855	
Quilting Club	Kaye Johnting	(859) 654-3395	
Rabbit Club	Dina Ryan	(859) 486-3532	
Skillathon	Toots Adams	(859) 391-6281	Season Ended
Steer Club	Nathan Mains Todd Weinel	(859) 322-1218 (859) 991-2033	
Swine Club	Dana Wyatt Zach Wyatt	(859) 391-5306 (859) 466-8940	

Livestock Committee Members- Todd Weinel, Daniel White, Tisha White, Sadie Turner, Martha Gosney, Nancy Adams, Melinda Combs, Dina Ryan, Nathan Mains, Greg Johnson, Leah Voet, Bonnie Logan, Dana Wyatt, Zach Wyatt.
Advisors- Lydia Gosney, Jaimie Mann, Chris Thompson.
4H Council Members- Melinda Combs, Dina Ryan, Mabel Mattill, Meredith Patton, Greg Johnson, Leah Voet, Beekee Hayslette, Rita Best, Patricia Brownfield, Nancy Adams, Jennifer Brett. Youth Reps- Kaycee Voet, Lilyanna Miller, RJ Combs, Cadence Ryan, Riley Combs. Advisor- Lydia Gosney.



PENDLETON COUNTY 4-H

4H CAMP 2025



JUNE 9-13

Cost/camper

\$200

-Incentive \$

Grant-Owen-Kenton-Pendleton

THEME- DIAMOND JUBILEE

4-H Camp's 60th Anniversary

NORTH CENTRAL

4-H Camp- Carlisle, KY

REGISTRATION INFO

- Camper (ages 9-14)- \$200, JCIT (age 15)- \$50, Junior Counselors (ages 16-17)-\$50, Adult Counselors (ages 18+)- \$0
- Registration packets available at the PCEO or at www.pendleton.ca.uky.edu
- Spots are LIMITED. Return your application by May 16th.
- Full payment due by May 30th!

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Disabilities
accommodated
with prior notification.

EARTH DAY EVENTS!

PENDLETON COUNTY EXTENSION OFFICE

Questions? Call 859-654-3395

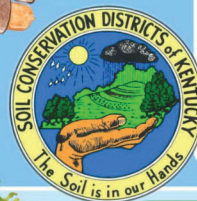
APRIL
22
10AM-1PM

Every action counts!

Yellow Poplar

KY Coffee

White Oak



Drop off for recycling:

- Old/stored documents, mail, sensitive papers, etc. that need shredded!
- Cardboard
- Crayons & Batteries
- Orange Bags w/ recycled items

Pick Up for Planting:

- KY Coffee Tree
- Yellow Poplar Tree
- White Oak Tree

There will be 100 of each - on a first come basis - Thank you to the Pendleton County Soil Conservation District!

Can't make it to the event?

Drop off your boxes of "needs-shredded" items for safe storage at the Pendleton County Extension Office between now and April 22nd, and we will have them shredded for you on the day of the event!

The Shred It truck will be on-site at PCEO from 10 AM - 1 PM



TOGETHER WE GROW: YOUTH ART CONTEST
PENDLETON COUNTY

Martin-Gatton
College of Agriculture,
Food and Environment



See our Facebook page for information on how to enter this contest!!

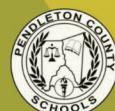
KINDERGARTEN READINESS CAMP 2025

Pendleton County Extension Office
June 10th, 11th, and 12th 9:00 am - Noon [each day]

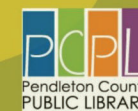
Focus on Kindergarten readiness skills for ages 4 & 5

Limited to 40 participants!
Call to Register
859-654-3395

ONLY for kids. We will provide the adults.



Cooperative
Extension Service



Cooperative Extension Service

April 8 - Education

April 15 - Recipe sampling & preparing fresh caught fish

April 22 - Fishing!

Hook and Cook

LOCATION: KINCAID CONFERENCE CENTER
TIME: 6P - 8:30P
DINNER WILL BE SERVED EACH NIGHT

UNDER THE AGE OF 16 MUST BE ACCOMPANIED BY AN ADULT

Learn the basics of fishing including rod & reel setup & fish cleaning.

REGISTER NOW

Call the Pendleton County Extension Office at (859) 654-3395 with any questions and to register!