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the UK Office of Institutional Equity and Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or

Pendleton County Extension Homemaker January 2024

Pendleton County Book Club!

Our book club will meet third Wednesday in the new year.

If your new year resolution is to read more in 2024 this is a great opportunity to let Extension help you reach that goal.

We read one book a month and discuss in a once a month book club zoom meeting.

We occasionally do book club outings.


We hope to go see a movie if weather and theater times cooperate in January.

If you would like more information on book club please call the office at 859-654-3395.

Read with us in 2024!

A Note from Kenna:

I will be out of office from January 23-February 2 at a study abroad in Belize. I am excited for this opportunity. While gone I will be learning about their culture, teaching and educational class to them and gathering information to bring back and share in my county.


Extension Agent for Family & Consumer Sciences-
Education, Pendleton County

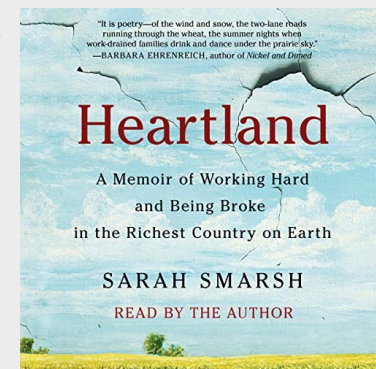
Big Blue Book club is back..... This is a statewide book club!

Big Blue Book Club is back with *Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on Earth* by Sarah Smarsh. This book is an eye-opening memoir about working-class poverty in America. Our discussions will help participants understand the impact that economic hardship and inequality have on our communities. Heartland is a descriptive and emotion-packed retelling of the author's and her family's intergenerational experience of America's wealth gap.

The first Big Blue Book Club series for 2024 will be April 11, 18, and 25. Each Thursday morning session will be presented via Zoom at 11 a.m. EDT. We will record the sessions, so if you aren't available during the day, you are welcome to participate via the recording.

Registration will open at 9 a.m. EST on Feb. 1 at <https://ukfcs.net/BBBC24book1>. The link will not be active until registration opens. The first 200 registered participants will receive a free copy of the book. Pick up your free book at your local Extension office after you receive notification that you are one of the book recipients.

Watch for more details. If you would like to participate but can't join during the day we will be using this as our April book club book and I will purchase books for those who do not get from state and discussing in evening April bookclub!





Jennifer Spriggs and Roberta Couch,
International Committee Co-chairs



The Northern Kentucky Area Extension Homemakers
International Committee presents:

Travel the World
without Leaving Your Kitchen

Italy 
MONDAY, February 26, 2024
6:00—8:00 p.m.
Virtually via Zoom

859-586-6101 or boone.ca.uky.edu to register

Deadline to register: February 19, 2024

Zoom link and needs for cook-along will be sent a week prior to the program

Cook-along as we explore the foods of Italy and learn about the country and areas in Northern Kentucky influenced by Italian immigrants. One lucky attendee who completes the challenge presented during the program, and returns a survey, will be chosen to receive a themed gift basket.



This is part of the KEHA "Healthy Eating Around the World" initiative.



Pendleton County Go Red Events

- February 1** **Paint the Town Red**
- February 2** **National Wear Red Day**
- February 2** **Wear Red to School Day**
- February 8** **Go Red For Heart Disease Awareness Seminar**
Guest Speaker: Dr. Yaz Daaboul, HMH Cardiologist
Pendleton County Extension Office
45 David Pribble Dr., Falmouth
Doors open at 5:30 p.m.
Speaker begins at 6 p.m.
Free meal will be provided, and free stroke and cardiac risk screenings will be offered. Door prizes will be awarded. RSVP no later than February 5th by calling **(859) 654-3395**

February 11 – Wear Red to Church Day



AARP Tax-Aide Services



Updates

We will be relocating for the 2024 tax season to the Pendleton County Extension Office!

When?

Tax preparation services will be offered every Thursday afternoon from 2 pm-6 pm beginning February 8th, 2024. The last session will be April 11th.

What you need to know:

- No appointments are necessary, first come first serve.
- Our volunteers can help you prepare your federal and state charges FREE of charge
- You do not have to be an AARP member and there is no age requirement.
- Limitations: cannot prepare farm income, returns with depreciation, return for small business with net loss



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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities
accommodated
with prior notification.

Tips and Tricks in Genealogy

January 13, 2024
10:00am - 11:00 am

Pendleton County
Extension
45 David Pribble Dr,
Falmouth, KY 41040

Genealogy can have some brick walls when it comes to searching your family history. These brick walls seem impossible to break through. But have no fear; we will be looking into some tips and tricks in helping breaking down those brick walls.





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